

About Nurtur

who we are

Nurtur[®] is the life, health and wellness company that helps people transform their lives and well-being with education, life balance and motivation. Our approach combines intensive motivational techniques with educational resources and tools to encourage healthy behaviors, promote healthier workplaces and communities, improve productivity and reduce healthcare costs. Our mission is to deliver the best outcomes and greatest return for every dollar invested in health.

who we serve

Nurtur provides health management and work-life programs for populations of all types and sizes in a variety of market segments including:

- Employers
- Health Plans
- Public Sector
- Unions

accreditation

- NCQA Disease Management Accreditation
- URAC Disease Management Accreditation
- H-TAP Accreditation (Healthcare Accreditation Transparency Program)

partnerships and awards

- Duke University Center for Living
- C. Everett Koop Award
- Centers for Disease Control Stroke and Prevention Conference
- Institute for Health and Productivity Management
- Disease Management Association of America
- National Business Group on Health
- Alliance for Work-Life Progress Innovation Excellence Award

locations

Corporate Headquarters
20 Batterson Park Road, Farmington, CT

National Operations Center
4000 McEwen Road, Dallas, TX

Regional Offices
Nashville, TN; Syracuse, NY

contact

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what we do

Nurtur puts health in the context of life with a broad array of integrated and stand-alone programs. We offer flexible and customized solutions for wellness, disease management, episodic/catastrophic care management, work-life resource and referral, employee assistance and professional training.

Integration Consulting <i>Build a Culture of Health & Wellness</i>	
Nurtur Wellbeing <i>Health & Wellness</i>	Nurtur Performance <i>Work-life & EAP</i>
<p>Awareness <i>wellness tools</i></p> <ul style="list-style-type: none"> • Online Health Management • Health Risk Assessment • Incentive Management • Biometric Screening • 24-hour Nurse Line <p>Guidance <i>wellness programs</i></p> <ul style="list-style-type: none"> • Lifestyle Management • Healthy Pregnancy • Tobacco Cessation <p>Motivation <i>disease management</i></p> <ul style="list-style-type: none"> • Back Pain • Depression • Diabetes • Heart Disease • Respiratory Disease <p>Support <i>episodic/catastrophic</i></p> <ul style="list-style-type: none"> • Tele-health Solutions • Cancer • High-risk Maternity 	<p>Balance</p> <ul style="list-style-type: none"> • Work-life + Health <p>Focus <i>work-life</i></p> <ul style="list-style-type: none"> • Life Stage Support • Ready Care • Concierge <p>Stability <i>employee assistance</i></p> <ul style="list-style-type: none"> • Integrated Life Stage Support + EAP • Critical Incident Management <p>Growth <i>professional training</i></p> <ul style="list-style-type: none"> • Work-life and Wellness Seminars • Management Training and Programs • Career Development and Transition • Support Groups